

Exploring Lost Valley

Trip Information & Equipment

Peer leader:

Kendra Schwartz '18

Orientation leaders:

Blythe Bull '19

Luke Lefler '19

Nate McKenna '19

Faculty/Staff Advisor:

Dr. Lindsey Kennedy
Associate Professor of
Psychology



You need to bring:

Sleeping: Sleeping bag and pillow

For hiking: Comfortable clothing, sturdy shoes, water bottle, etc.

Toiletries: Toothbrush, soap, towel, and yes, there are hot showers!

Extras: Camera, sunscreen, flashlight, etc.

What we have planned for you:

You will be staying at the Lost Valley Canoe and Lodging! Friday night you will be able to relax and play game with your new student friends. Saturday will be a long, fun day of hiking and exploring the trails around you! After hiking you can take a swim in the near by streams and waterfalls! Then rest up for the trip back!

Don't forget:

Your trip leaves at 2:30 p.m. on Friday, August 18th. Be sure to check with your leaders when you arrive to confirm your departure time.

